



Sunshine Safety Council News

~ LIGHTING THE WAY TO SAFETY ~

Sunshine Safety Council, Inc.

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DID YOU KNOW WE OFFER THESE COURSES?

- ◆ First Aid/CPR
- ◆ Pet First Aid/CPR
- ◆ Coaching the Mature Driver
- ◆ Coaching the Experienced Driver 3

BE PREPARED FOR ANY EMERGENCY!

FORKLIFT TRAINING:

- ◆ Formal Operator
- ◆ Train-the-Trainer

TRAINING AT OUR PLACE OR YOURS!

OSHA:

- ◆ Recordkeeping
- ◆ 10 Hr. Gen. Industry
- ◆ 30 Hr. Gen. Industry

ASK ABOUT OUR OTHER OSHA COURSES!

MOT AND IMSA COURSES LISTED INSIDE!

WE ARE NOW OFFERING DRIVER'S LICENSE CHECKS!

December 2015

Issue 12



Happy Holidays



Because the goodwill of those we serve is the foundation of our success, it's a distinct privilege and pleasure this holiday season to say "Thank You" as we wish you a full year of happiness and success.

*Sincerely,
Your Sunshine Safety Council*



BE SAFE THIS HOLIDAY SEASON!

Facts about home holiday fires from usfa.fema.gov

- ◆ One of every three home Christmas tree fires is caused by electrical problems.
- ◆ Although Christmas tree fires are not common, when they do occur, they are more likely to be serious. On average, one of every 40 reported home structure Christmas tree fires results in a death compared to an average of one death per 142 total reported home structure fires.
- ◆ A heat source too close to the tree causes roughly one in every six of Christmas tree fires.
- ◆ More than half (56%) of home candle fires occur when something that can catch on fire is too close to the candle.
- ◆ December is the peak time of year for home candle fires. In December, 11% of home candle fires began with decorations compared to 4% the rest of the year.



SHARE YOUR
CHRISTMAS SPIRIT!

ATTENTION MEMBERS – Be the change you want to see!

I don't know how many of you use Facebook on a regular basis, but I'm there frequently for advertising and to keep an eye on my kids :) I saw a post not that long ago that I think is a perfect example of what the holidays should be.

"I gave you \$10. He gave you \$20. You felt that he was better because he gave you more, but he had \$200 and all I had was \$10."

Toys for Tots

Toys for Tots is a program run by the United States Marine Corps Reserve which distributes toys to children whose parents cannot afford to buy them gifts for Christmas. Over 97% of your donations goes to our mission of providing toys, books, and other gifts to less fortunate children. Less than 3% is spent on fundraising and overhead.

To find a donation site copy and paste the link below into your browser:

<http://daytona-beach-fl.toysfortots.org/local-coordinator-sites/lco-sites/donate-toys.aspx>



Wanted!

We network with hundreds of companies around the state and frequently receive requests for services, inquiries about potential employees/employers, and more. We would like to offer everyone the opportunity to use our network of resources. Let us know your need and we will try to help.

Here are some of our most recent requests:

- ◆ We have a request for an OSHA 30 hour General Industry that we would like to run April 4-7, 2016. Message me if you would like to get in on it.
- ◆ There has also been a request for a RCRA class...I'd like to get that one done at the beginning of the year if anyone is interested.
- ◆ We are still looking for someone with an Advanced Maintenance of Traffic certificate and a few years experience. If you know anyone who fits this description give us a call or shoot us an email.
- ◆ If you'd like to have a particular safety class and it's not listed just let me know and I will try and set it up. We can do dozens of different kinds of OSHA classes!

To submit a request, respond to request, or to see our most recent information exchange email stacey@sunshinesafety.org or check us out on Facebook!!

Workplace Head Injuries & Concussions

A workplace head injury is one of the most serious of all on-the-job injuries. Most workplace head trauma is caused by falling objects, slips and falls, malfunctioning and broken equipment, and driving accidents. A brain concussion can cause loss of consciousness, or there may be no obvious symptoms at all. Common effects of a concussion are abnormal behavior, loss of equilibrium, blurred vision, nausea and confusion.

Common signs and symptoms of a concussion are:

Thinking/Remembering:

- ♦ Difficulty thinking clearly, concentrating or remembering
- ♦ Feeling more slowed down, sluggish, hazy, or groggy

Physical:

- ♦ Headache or "pressure" in head
 - ♦ Nausea or vomiting
- ♦ Balance problems or dizziness

♦ Fatigue

- ♦ Blurry or double vision
- ♦ Sensitivity to light or noise
- ♦ Numbness or tingling
- ♦ Does not "feel right"

Emotional:

- ♦ Irritable
- ♦ Sad
- ♦ More emotional than usual
- ♦ Nervous

The top two priorities following any head injury are seeking medical attention and reporting the injury to your employer. Symptoms of a head injury don't always manifest right away, and failing to seek immediate medical care can be life threatening. Also, by not reporting a workplace injury as soon as it happens, a workers' comp representative could infer that the injury occurred outside of work.

Classes at our facility:

Coming in 2016

OSHA 10 Hour General Industry	January 11-12, 2016
OSHA 10 Hour Construction	February 17-18, 2016
Arc Flash Training	March 1, 2016
OSHA 30 Hour General Industry	April 4-7, 2016

If you have a need for a safety class that isn't listed just send me an email or call and I will work on putting it together for you!



Defensive Driving for Cities, Counties, Companies...



SAVE \$\$\$ ON YOUR PERSONAL AND WORK INSURANCE!

WE RECENTLY RAN DEFENSIVE DRIVING CLASSES FOR A LOCAL MUNICIPALITY (WITH 350+ EMPLOYEES). WITH A SIMPLE AND AFFORDABLE 4 HOUR COURSE THEY WERE ABLE TO RECEIVE A DISCOUNT ON THEIR INSURANCE (BOTH THE MUNICIPALITY AND INDIVIDUAL DRIVERS). IF YOU'RE INTERESTED IN LEARNING MORE ABOUT THIS MONEY SAVING CLASS SEND ME AN EMAIL!

Check it Out: December

- **Save Money on our Pet First Aid/CPR class!**

This class has limited seating and is sure to fill up fast so don't miss your chance! Sign up NOW for only **\$29.95!**

- **FIRST AID/CPR Temporarily Discounted!!**

Take advantage of our reduced class price for First Aid/CPR to \$45 per person while it's still available!! For more information send me an email!

- **Follow us on Google+ for regular updates!**

Come chat with us! On our Google+ page you can share safety tips, learn about our upcoming events and classes, and more!



Like us on Facebook for regular updates, safety tips, and fun bits!

Remember when we used to take care of our own...



Change your world for the better!!

Before you decide to donate to some multinational charity, take a minute to look at these local charities/food banks that will take care of people right here where we live. "Food pantries across Volusia County Florida provide services to the needy. There are programs customized for senior citizens and others with special needs as well. Among the resources offered include free food, meals, groceries, and other programs. Most of the food banks below will provide help to anyone who needs it, regardless of their income, religion, and background." Let's make a difference in our own home town.

http://www.needhelppayingbills.com/html/volusia_county_food_pantry.html

Missed your chance last month...watch for these classes to come back in January!

First Aid/CPR

This nationally recognized American Safety & Health Institute First Aid & Adult CPR training course helps employers comply with OSHA's requirement for trained First Aid responders (29 CFR 1910.151). It is geared specifically towards response to workplace injuries, illnesses and includes OSHA required Blood borne Pathogens training for employees with potential exposure to blood or body fluids. Upon successful completion, participants earn a 2-year First Aid/CPR certification and documentation for Blood borne Pathogens is provided to the employer.

\$45 per person

Pet First Aid and Disaster Response

If your pet is one of the family or simply a furry friend for whom you have accepted responsibility, knowing how to care for him or her in an emergency can make the difference between life and death. This ECSI course will give you the knowledge and skills to prevent emergencies and will train you how to respond should one occur.

\$29.95 per person

Forklift Formal Operator Training

OSHA requires all Powered Industrial Truck operators to receive both Formal and Practical training before being permitted to operate the truck (29 CFR 1910.178). This course provides basic, formal training on the topics listed. The employer may then train the operator on truck and site specific hazards and complete the practical or hands-on evaluation, using the handy checklist provided.

\$45 per person

December 2015: Happy Holidays!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
https://www.youtube.com/watch?v=mN7LW0Y00kE		1	2	3	4	5
6		Traffic Signal Technician LV1 & Renewal			11	12
https://www.youtube.com/watch?v=nZ6vOgBvu0I	7	8	9	10		
13	Intermediate Maintenance of Traffic		Traffic Signal Technician LV2 Field & Renewal			
https://www.youtube.com/watch?v=7S-lidmcSN8	14	15	16	17	18	19
	Signs & Markings LV1 & Renewal		Signs & Markings LV2 & Renewal			
20	21	22	23	24	25	26
https://www.youtube.com/watch?v=xmg5IEffGH0				 Christmas Eve!	 Merry Christmas!	
27	28	29	30	 New Year's Eve!		

Like us on FACEBOOK for upcoming classes, free seminars, and much MORE!!

Recommended Videos of the Month

Normally I post some appropriate safety videos that we should all pay special attention to...This month I'm just going to go with some fun holiday stuff and hope everyone enjoys my slightly antiquated taste in Christmas movies and music so...If you really feel the need to watch some videos, here are some good ones to watch with the family:

http://www.dailymotion.com/video/xw3olt_rudolph-the-red-nosed-reindeer_lifestyle

http://www.dailymotion.com/video/xw3sxe_frosty-the-snowman_lifestyle

http://www.dailymotion.com/video/x2puoe_dr-seuss-how-the-grinch-stole-christmas-full-tv-special-cartoon-aired-december-18-1966_tv



DRIVER IMPROVEMENT "TRAFFIC SCHOOL"**GET EDUCATED AND YOU CAN:****Reduce or avoid points/Receive Insurance Discounts/Keep your "Safe Driver"****\$\$ Save money \$\$**

We are the original local traffic school, serving the area since 1973. That means we'll be around if you ever need to verify attendance or get a replacement certificate. Our instructors are experienced, state certified, professionals. We offer secure classroom facilities throughout the 3 county area with Spanish speaking customer service representatives. There are many on-line & video classes available.

We will meet or beat all competitors' classroom prices!**Courses available include:**

- ♦ **First Time License Course (D.A.T.E.):** 4 hour course satisfies the state requirement for new drivers to obtain their learner's permit. **Use the code MEMSSC for a \$5 discount when taking classes on campus!**
- ♦ **Basic Driver Improvement (BDI):** 4 hour course for point reduction, TCAC, court order, or DMV order. **Use the code MEMSSC for a \$5 discount when taking classes on campus !**
- ♦ **Advanced Driver Improvement (ADI):** For license suspensions and court requirements.
- ♦ **Intermediate Driver Improvement (BDI-8):** An 8 hour on-line, court ordered program
- ♦ **Aggressive Driver:** A court ordered program for drivers charged with 2 or more simultaneous moving violations
- ♦ **Coaching the Mature Driver:** Insurance discount course for drivers age 55 and better, approved by the State of Florida

All traffic classes provide a hard copy certificate of completion and electronic notification to the DHSMV when applicable!!

The Council is dedicated to making our community a safer place to live, work, & drive.

Courses We Offer:

If there's a course you're interested in and it is not listed let us know!

FIRST AID:

- FIRST AID/CPR
- PET FIRST AID/DISASTER RESPONSE

MOT:

- INTERMEDIATE MAINTENANCE OF TRAFFIC
- INTERMEDIATE MAINTENANCE OF TRAFFIC REFRESHER

IMSA:

- FIBER OPTICS I
- FIBER OPTICS II FIELD
- FIBER OPTICS II DESIGN
- TRAFFIC SIGNALS I
- TRAFFIC SIGNALS II FIELD

- TRAFFIC SIGNALS II CONSTRUCTION
- TRAFFIC SIGNALS III FIELD
- TRAFFIC SIGNALS INSPECTOR I
- SIGNS & MARKINGS I
- SIGNS & MARKINGS II
- SIGNS & MARKINGS III

FORKLIFT:

- FORKLIFT OPERATORS FORMAL TRAINING
- FORKLIFT TRAIN-THE-TRAINER

OSHA TRAINING:

- OSHA 10 OR 30 HR COURSE GENERAL INDUSTRY CONSTRUCTION
- HAZCOM 2012

- HAZWOPER 8/24/40

OSHA TRAINING INSTITUTE EDUCATION CENTER:

- 7405 FALL PROTECTION 5/15 FREE FOR MEMBERS!

ATTENTION

Our newly signed agreement with Florida State College at Jacksonville OTIEC will bring a variety of high level training opportunities ~ watch your email, our website, or check our Facebook for schedule announcements!

You MUST specify "Renewal" when registering for classes/Participants responsible to assure eligibility requirements are met.

Mission Statement

It is the mission of The Sunshine Safety Council, Inc. to promote an awareness and response to safety issues on the part of individuals, private and public organizations, and society. In order to achieve its mission, the Organization will engage in educational activities which result in increased awareness and behavioral response to unsafe conditions at home, at work, and in the community.