



Sunshine Safety Council News

~ *LIGHTING THE WAY TO SAFETY* ~

Sunshine Safety Council, Inc.

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Stacey@sunshinesafety.org
www.sunshinesafety.org

DID YOU KNOW WE OFFER THESE COURSES?

- ◆ **First Aid/CPR**
- ◆ **Pet First Aid/CPR**
- ◆ **Coaching the Mature Driver**

BE PREPARED FOR ANY EMERGENCY!

FORKLIFT TRAINING:

- ◆ **Formal Operator**
- ◆ **Train-the-Trainer**

TRAINING AT OUR PLACE OR YOURS!

OSHA:

- ◆ **Recordkeeping**
- ◆ **10 Hr. Gen. Industry**
- ◆ **30 Hr. Gen. Industry**

ASK ABOUT OUR OTHER OSHA COURSES!

MOT AND IMSA COURSES LISTED INSIDE!

WE ARE NOW OFFERING DRIVER'S LICENSE CHECKS! (SEE INSIDE FOR DETAILS)

July 2015

Issue 7

JULY IS UV SAFETY MONTH



ACCORDING TO REGISTRYNETWORK.NET, SKIN CANCER IS THE MOST COMMON TYPE OF CANCER IN THE US. UV RAYS FROM THE SUN ARE THE MAIN CAUSE OF SKIN CANCER. THE GOOD NEWS IS THAT SKIN CANCER CAN BE PREVENTED! COMMUNITIES, HEALTH PROFESSIONALS, AND FAMILIES CAN USE THIS MONTH TO RAISE AWARENESS ABOUT SKIN CANCER PREVENTION BOTH AT HOME AND IN THE LARGER COMMUNITY.

SPREAD THE WORD ABOUT STRATEGIES FOR PREVENTING SKIN CANCER:

- USE SUNSCREEN THAT PROTECTS AGAINST UVA AND UVB RAYS, SPF 30 OR HIGHER, AND IS WATER RESISTANT.
- STAY OUT OF THE SUN BETWEEN 10 A.M. AND 4 P.M.
- COVER UP WITH LONG SLEEVES AND A HAT.
- THE FDA MANDATES THAT SUNSCREENS RETAIN THEIR ORIGINAL STRENGTH FOR AT LEAST THREE YEARS. IF THE EXPIRATION DATE HAS PASSED, THROW OUT THE SUNSCREEN.
- CHECK YOUR SKIN ONCE A MONTH FOR CHANGES.

***EVEN ON CLOUDY DAYS, YOU ARE EXPOSED TO UP TO 80 % OF THE SUN'S HARMFUL UV RAYS.*
SEE MORE AT: [HTTP://REGISTRYNETWORK.NET/JULY-IS-NATIONAL-UV-SAFETY-MONTH/#STHASH.0KHNA1Ec.DPUF](http://registrynetwork.net/july-is-national-uv-safety-month/#STHASH.0KHNA1Ec.DPUF)**

JULY IS THE TIME TO REVIEW POOL SAFETY!

KEY FACTS ABOUT DROWNING:

- **DROWNING IS THE 3RD LEADING CAUSE OF UNINTENTIONAL INJURY DEATH WORLDWIDE, ACCOUNTING FOR 7% OF ALL INJURY-RELATED DEATHS.**
 - **THERE ARE AN ESTIMATED 372 000 ANNUAL DROWNING DEATHS WORLDWIDE.**
- **GLOBAL ESTIMATES MAY SIGNIFICANTLY UNDERESTIMATE THE ACTUAL PUBLIC HEALTH PROBLEM RELATED TO DROWNING.**
- **CHILDREN, MALES AND INDIVIDUALS WITH INCREASED ACCESS TO WATER ARE MOST AT RISK OF DROWNING.**

FLORIDA LOSES MORE CHILDREN UNDER AGE FIVE TO DROWNING THAN ANY OTHER STATE. ANNUALLY IN FLORIDA, ENOUGH CHILDREN TO FILL THREE TO FOUR PRESCHOOL CLASSROOMS DROWN AND DO NOT LIVE TO SEE THEIR FIFTH BIRTHDAY.

IN 2013, FLORIDA HAD THE HIGHEST UNINTENTIONAL DROWNING RATE IN THE NATION FOR THE 1-4 YEAR OLD AGE GROUP WITH A DROWNING RATE OF 7.54 PER 100,000 POPULATION. FLORIDA HAD THE SECOND HIGHEST DROWNING RATE IN THE NATION FOR THE 1-14 YEAR OLD AGE GROUP WITH A DROWNING RATE OF 2.54 PER 100,000 POPULATION. OKLAHOMA WAS FIRST FOR THIS AGE GROUP WITH A RATE OF 2.69 PER 100,000 POPULATION, AND MISSISSIPPI THIRD FOR THIS AGE GROUP WITH A RATE OF 1.91 PER 100,000 POPULATION.

Let's get together!

If you have a safety need or want for your company or employees ...

Do you have safety information to share...

Would you like to contribute to our newsletter...

Are you looking for assistance finding an employee/employer...

Give us a shout! Call, email, or find us on Facebook!

We will help you connect with our resources!

(386)253-6400 ext. 114

stacey@sunshinesafety.org



Information Exchange:

We network with hundreds of companies around the state and frequently receive requests for services, inquiries about potential employees/employers, and more. In this new section we would like to offer everyone the opportunity to use our network of resources. If you have a need for a particular kind of employee, would like to send us your resume for help finding employment, if you'd like to have an onsite class, but don't have enough people...let us know and we will try to help.

Here are some of our most recent requests:

- ◆ We were recently asked if we could offer an IMSA Roadway Lighting course. If you are interested in joining in on this class let us know! It will be limited seating.
- ◆ We have received multiple inquiries asking if we know anyone who has an Advanced Maintenance of Traffic certification (with experience in the field) looking for employment. If you know anyone who fits this description give us a call or shoot us an email.
- ◆ Do you know anyone who has a Traffic Signal Technician Level 3 certification with experience who is looking for work? Let us know because we have had inquiries about this as well.

To submit a request, respond to request, or to see our most recent information exchange email stacey@sunshinesafety.org or check us out on [Facebook!!](#)



USE OUR RESOURCES TO
INFORM YOUR PEOPLE!

Exclusive Member Benefits

With your SSC membership you receive discounts on some of our most popular classes including Intermediate Maintenance of Traffic, Intermediate Maintenance of Traffic Refresher, and Fiber Optics for ITS.

- ◆ Don't forget to check out our First Aid/CPR, Pet First Aid, and Forklift Formal Operator Courses!
- ◆ Remember to use the code MEMSSC to receive discounts on selected driver improvement courses (see page 6).

Remember to use our online videos to inform your people! Go to our website, www.sunshinesafety.org, and look for the Members Only section. Enter your email address and create a password then go to the "Free Unlimited Streaming Safety Videos" to get started!

Arc Flash Hazards

Arc Flash is defined as a flashover of electric current which leaves its intended path and travels through the air from one conductor to another, or to ground. It is a violent phenomenon which can cause serious injury or even death to anyone in close proximity.

- The potential causes of arc flash can include: Dust, Dropping tools, Accidental touching of live parts, Condensation, Material failure, Corrosion & Faulty Installation
- Three factors determine the severity of an arc flash injury: Proximity of the worker to the hazard Temperature, & Time for circuit to break
- Typical Results from an Arc Flash: Burns (Non FR clothing can burn onto skin), Fire (could spread rapidly through building), Flying objects (often molten metal), Blast pressure (upwards of 2,000 lbs. / sq.ft), Sound Blast (noise can reach 140 dB – loud as a gun), Heat (upwards of 35,000 degrees F)
- The National Fire Protection Association (NFPA) has developed specific approach boundaries designed to protect employees while working on or near energized equipment. These boundaries are: Flash Protection Boundary (outer boundary), Limited Approach, Restricted Approach, Prohibited Approach (inner boundary).

www.wpsac.org

Source: Workplace Safety Awareness Council,



Classes at our facility: FIBER OPTICS FOR ITS IS BACK!

The world is rapidly changing and with that change older technologies for carrying information from place to place are quickly being replaced by superior optical fiber technology. Don't get left in the past! Keep your company and employees up-to-date with our Fiber Optics for ITS courses!

Fiber Optics Field Level 1:	9/28-29	\$878 Member/\$975 Non-Member
Fiber Optics Field Level 2:	9/30-10/1	\$1103 Member/\$1125 Non-Member
		<i>*Pre-requisite Fiber Optics Level 1</i>
Fiber Optics Design Level 2:	10/2	\$608 Member/\$675 Non-Member

REGISTER NOW WHILE SEATS ARE STILL AVAILABLE!



Driver Safety: Who's Really Behind the Wheel?



DO YOU REALLY KNOW WHO'S BEHIND THE WHEEL?

You know what they say about assuming. Don't assume because someone has a driver's license that they are a safe or cautious driver!!

For your peace of mind we are now offering DMV checks to ensure the safety of your employees, your company, your vehicles, and the public we serve.

**CALL OR EMAIL FOR MORE DETAILS:
1-800-467-7327 EXT. 114
STACEY@SUNSHINESAFETY.ORG**

Check it Out: July

The first week of July is Fireworks Safety Awareness week!

Celebrate Safely!

- **Save Money on our Pet First Aid/CPR class!**
This class has limited seating and is sure to fill up fast so don't miss your chance! Sign up NOW for only **\$29.95!**
- **Check out our Facebook page and give us a LIKE so we can find you!**
Come chat with us! On our Facebook page you can share safety tips, learn about our upcoming events and classes, and more!
- **Check Out Our Monthly Calendar for Fun Dates!**
Every month we not only feature safety topics, but we also like to have some fun! This month we will be celebrating some really fun days like Chocolate Day, Ice Cream Day, and Cheesecake Day!!

Life is too short! Smile while you still have teeth!



Like us on Facebook for upcoming classes, free seminars, and much more!!

Did you know? Pool Safety



What is the best way to keep my child safe around swimming pools?

An adult should actively watch children at all times while they are in a pool. For infants and toddlers, an adult should be in the water and within arm's reach. For older children, an adult should be paying constant attention and free from distractions. The supervising adult must know how to swim.

Pool Rules:

If you have a pool, insist that the following rules are followed:

- Keep toys away from the pool when the pool is not in use.
 - Empty blow-up pools after each use.
 - No tricycles or other riding toys at poolside.
 - No electrical appliances near the pool.
 - No diving in a pool that is not deep enough.
 - No running on the pool deck.

Children can climb out a window, though a doggy door, or sneak out a door to get to the back yard and the pool. To prevent small children from entering the pool area on their own, there should be a fence that completely surrounds the pool or spa. Combined with the watchful eyes of an adult, a fence is the best way to protect your child and other children who may visit or live nearby.

FLORIDA LEADS THE COUNTRY IN:

Lightening Strikes

Florida is the lightning capitol of the United States and experiences thunderstorms on nearly one-third of the days in a year. Because thunderstorm activity peaks in summertime, when the most people are outdoors Florida often leads the nation in injuries and fatalities from lightning.

- Avoid open high ground and isolated large trees.
- Avoid water (swimming pools, lakes and rivers), beaches and boats.
- Seek shelter inside a building or an automobile, but not a convertible or a golf cart.
- Stay away from doors, windows, and metal objects such as pipes or faucets.
- Stay off the telephone and away from electrical devices.
- Use the 30-30 rule for outdoor activity.
- Monitor your NOAA Weather Radio.

Shark Bites

New Smyrna Beach is the shark attack capital of the world according to ISAF. It is estimated that anyone who has swam there has been within 10ft of a shark. It is extremely unlikely for a person to be bitten or attacked by a shark in Florida waters, and attacks are rarely life threatening. There are a number of steps you can take to reduce your chances of being bit:

- Do not wander too far from shore
- Avoid being in the water during darkness or twilight hours
- Do not enter the water if bleeding wearing shiny jewelry is discouraged.
- Avoid waters with known discharges or sewage and waters used for any type of fishing (Diving seabirds are good indicators of such activity)
- Use extra caution when waters are murky.
- Do not allow pets in the water

- Be careful when occupying the area between sandbars or near steep drop-offs
- Swim only in areas tended by lifeguards.
- Do not enter the water if sharks are known to be present
- Get out of the water if sharks are sighted.
- Always stay in groups
- Never harass a shark!

Over half of all of the world's shark attacks take place on the beaches of Florida. The chances of getting attacked by a shark at a Florida beach are 1 in 430,000 and the odds of getting killed are 1 in 36 million.

Be Safe! Be Prepared!

July 2015: UV Safety Month

It's Fireworks Safety Week!

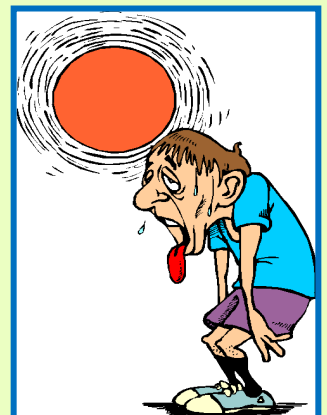
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 
5 <div style="border: 1px solid black; padding: 5px; background-color: #ffffcc;">Member Video of the Week # 2679 Heat Stress</div>		7  Chocolate Day	8	9	10	11  Pet First Aid/CPR
		Traffic Signal Tech LV2 Field				
12 <div style="border: 1px solid black; padding: 5px; background-color: #ffffcc;">Member Video of the Week #2696 Heat Stress: Real Accidents, Real Stories</div>		14  Cows Appreciation Day!	15  First Aid/CPR	16	17  Forklift Class & Train-the-Trainer	18
19 <div style="border: 1px solid black; padding: 5px; background-color: #ffffcc;">Member Video of the Week #2536 Staying Healthy, Working Safely</div>		21	22	23	24	25
26 <div style="border: 1px solid black; padding: 5px; background-color: #ffffcc;">Member Video of the Week #2817 Protection from Heat Related Illness</div>		28	29	30  Cheesecake Day	31	
	Signs & Markings LV1					

Like us on FACEBOOK for upcoming classes, free seminars, and much MORE!!

Recommended Videos of the Month

Living in the Sunshine State, we get to experience beautiful sunny days more than most, but with sun overexposure comes many dangers. Sunburn, heat exhaustion, heat strokes, and skin cancer are all too common in Florida. Get Educated! Enjoy the sun safely, whether you're at home or at work, with these videos:

- 2679 Heat Stress
- 2696 Heat Stress: Real Accident, Real Stories
- 2536 Heat Stress: Staying Healthy, Working Safely
- 2817 Protection From Heat Related Illnesses



DRIVER IMPROVEMENT "TRAFFIC SCHOOL"

GET EDUCATED AND YOU CAN:

Reduce or avoid points/Receive Insurance Discounts/Keep your "Safe Driver"

\$\$ Save money \$\$

We are the original local traffic school, serving the area since 1973. That means we'll be around if you ever need to verify attendance or get a replacement certificate. Our instructors are experienced, state certified, professionals. We offer secure classroom facilities throughout the 3 county area with Spanish speaking customer service representatives. There are many on-line & video classes available.

We will meet or beat all competitors' classroom prices!

Courses available include:

- ◆ **First Time License Course (D.A.T.E.):** 4 hour course satisfies the state requirement for new drivers to obtain their learner's permit. **Use the code MEMSSC for a \$5 discount when taking classes on campus!**
- ◆ **Basic Driver Improvement (BDI):** 4 hour course for point reduction, TCAC, court order, or DMV order. **Use the code MEMSSC for a \$5 discount when taking classes on campus !**
- ◆ **Advanced Driver Improvement (ADI):** For license suspensions and court requirements.
- ◆ **Intermediate Driver Improvement (BDI-8):** An 8 hour on-line, court ordered program
- ◆ **Aggressive Driver:** A court ordered program for drivers charged with 2 or more simultaneous moving violations
- ◆ **Coaching the Mature Driver:** Insurance discount course for drivers age 55 and better, approved by the State of Florida

All traffic classes provide a hard copy certificate of completion and electronic notification to the DHSMV when applicable!!

The Council is dedicated to making our community a safer place to live, work, & drive.

Courses We Offer:

If there's a course you're interested in and it is not listed let us know!

FIRST AID:

- FIRST AID/CPR
- PET FIRST AID/DISASTER RESPONSE

MOT:

- INTERMEDIATE MAINTENANCE OF TRAFFIC
- INTERMEDIATE MAINTENANCE OF TRAFFIC REFRESHER

IMSA:

- FIBER OPTICS I
- FIBER OPTICS II FIELD
- FIBER OPTICS II DESIGN
- TRAFFIC SIGNALS I
- TRAFFIC SIGNALS II FIELD

- TRAFFIC SIGNALS II CONSTRUCTION
- TRAFFIC SIGNALS III FIELD
- TRAFFIC SIGNALS INSPECTOR I
- SIGNS & MARKINGS I
- SIGNS & MARKINGS II
- SIGNS & MARKINGS III

FORKLIFT:

- FORKLIFT OPERATORS FORMAL TRAINING
- FORKLIFT TRAIN-THE-TRAINER

OSHA TRAINING:

- OSHA 10 OR 30 HR COURSE GENERAL INDUSTRY CONSTRUCTION
- HAZCOM 2012

- HAZWOPER 8/24/40

OSHA TRAINING INSTITUTE EDUCATION CENTER:

- 7405 FALL PROTECTION 5/15 FREE FOR MEMBERS!

ATTENTION

Our newly signed agreement with Florida State College at Jacksonville OTIEC will bring a variety of high level training opportunities ~ watch your email, our website, or check our Facebook for schedule announcements!

You MUST specify "Renewal" when registering for classes/Participants responsible to assure eligibility requirements are met.

Mission Statement

It is the mission of The Sunshine Safety Council, Inc. to promote an awareness and response to safety issues on the part of individuals, private and public organizations, and society. In order to achieve its mission, the Organization will engage in educational activities which result in increased awareness and behavioral response to unsafe conditions at home, at work, and in the community.