



Sunshine Safety Council News

~ *LIGHTING THE WAY TO SAFETY* ~

Sunshine Safety Council, Inc.

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DID YOU KNOW WE OFFER THESE COURSES:

- ◆ *First Aid/CPR*
- ◆ *Pet First Aid/CPR*
- ◆ *Coaching the Mature Driver*

BE PREPARED FOR ANY EMERGENCY!

FORKLIFT TRAINING:

- ◆ *Formal Operator*
- ◆ *Train-the-Trainer*

TRAINING AT OUR PLACE OR YOURS!

OSHA:

- ◆ *Recordkeeping*
- ◆ *10 Hr. Gen. Industry*
- ◆ *30 Hr. Gen. Industry*

ASK ABOUT OUR OTHER OSHA COURSES!

MOT AND IMSA COURSES LISTED INSIDE!

January 2015

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JANUARY IS NATIONAL THANK YOU MONTH!



Thank you is an expression of gratitude or politeness in response to something done or given and we at the Sunshine Safety Council would like to start our new year by saying thank you .

With January being national thank you month, in this edition of our newsletter, we would like to take the time to highlight the value of thankfulness.

Saying thank you and being grateful are not just about words. Taking the initiative to show gratitude and acknowledge others, even when it's not expected, may be beneficial to health and wellness (and in turn safety). Recent research suggests that, "individuals who are grateful in their daily lives actually report fewer stress-related health symptoms, including headaches, gastrointestinal (stomach) issues, chest pain, muscle aches, and appetite problems," says Sheela Raja, PhD, an assistant professor and clinical psychologist in the Colleges of Medicine and Dentistry at the University of Illinois at Chicago.

When we say thank you, we are not only benefitting ourselves, but we also show someone that they are truly valued and appreciated. Who couldn't use more of that?

OUR THANKS TO ALL OF YOU!

Since 1983 the Sunshine Safety Council has been here to support our community in being safety aware, but without other safety conscious people like all of you we would not exist. Your loyalty and support have made us what we are today! All of us at Sunshine Safety want to extend our deepest gratitude to all of you.

Thank you! We appreciate you!

Member Spotlight: Thomas & Betts receive VMA Green Award

Sunshine Safety Council member since 1984, Thomas & Betts Ormond Beach facilities have been awarded the VMA Green Award for 2014. T&B achieved this recognition with the participation of its team members in recycling, energy and water conservation methods, and replacing hazardous materials with non-hazardous materials. We recycle our used oil and metal scrap, as well as the normal paper, plastic and soda cans. Our PVC scrap is recycled into house siding. We have incorporated high efficiency HVAC in our main office. Newly remodeled areas have motion activated lighting and low water use facilities. We are in the process of installing a state-of-the-art wastewater treatment system utilizing micro-filtration methods which will allow lower usage of hazardous chemicals and a 90% reduction in water usage in our plating facility. Less landfill waste, less water and energy usage ,and less hazardous chemicals all help towards keeping our team members, homes, and planet a safer place.

Exclusive Member Benefits



An added bonus to your annual membership with Sunshine Safety includes unlimited access to hundreds of online safety videos from our online video library! These videos can be used to teach an individual employee or to train a whole classroom and are an excellent source for safety meetings, tool box talks, and much more!

Go to our website, www.sunshinesafety.org, and look for the Members Only section. In the "Free Unlimited Streaming Safety Videos" you can enter your member username/password or contact us for your username and password!

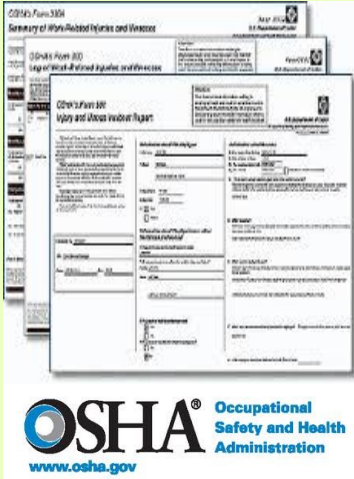
USE OUR RESOURCES TO TRAIN YOUR PEOPLE!

Recommended Videos of the Month

Starting our year with safety as our top priority, we recommend the following videos:

- 2737 Safety's Top 10
- 2830 Safety Leadership- A Supervisor's Responsibility
- 2831 Safety Orientation- Employee Basic Training
- 2957 Safety Decision-Making: Overcoming Human Nature
- 3056 Job Safety Awareness and You





Safety News: OSHA Record Keeping Updates from OSHA.gov

OSHA revised recordkeeping rule includes two key changes:

- First, the rule updates the list of industries that are exempt from the requirement to routinely keep OSHA injury and illness records, due to relatively low occupational injury and illness rates. The previous list of industries was based on the old Standard Industrial Classification (SIC) system and injury and illness data from the Bureau of Labor Statistics (BLS) from 1996, 1997, and 1998. The new list of industries that are exempt from routinely keeping OSHA injury and illness records is based on the North American Industry Classification System (NAICS) and injury and illness data from the Bureau of Labor Statistics (BLS) from 2007, 2008, and 2009. Note: The new rule retains the exemption for any employer with ten or fewer employees, regardless of their industry classification, from the requirement to routinely keep records.
- Second, the rule expands the list of severe work-related injuries that all covered employers must report to OSHA. The revised rule retains the current requirement to report all work-related fatalities within 8 hours and adds the requirement to report all work-related in-patient hospitalizations, amputations and loss of an eye within 24 hours to OSHA.

Establishments located in States under Federal OSHA jurisdiction must begin to comply with the new requirements on January 1, 2015.

WE ARE OFFERING A FREE RECORDKEEPING UPDATE SEMINAR JANUARY 14, 2015

SEATING STILL AVAILABLE! RSVP NOW!

**Remember to post
your 300 Log by
February 1st!**

2015 Florida Minimum Wage

The Florida DEO announced a 1.5 % increase in the minimum wage from \$7.93 to \$8.05 per hour (\$5.03 for tipped employees) effective January 1, 2015. Employers with locations in Florida are required to display the most current version of the Minimum Wage. The Florida Minimum Wage posting and other required postings can be found online at:

WWW.SUNSHINESAFETY.ORG

OR

CONTACT US TO ORDER YOUR ALL-IN-ONE LAMINATED POSTERS!

Other Florida Poster Requirements Include:

- ◆ **Unemployment Insurance**
- ◆ **Workers' Compensation**
- ◆ **Child Labor Law**
- ◆ **Discrimination**
- ◆ **Minimum Wage**

FDOT News

Working with the FDOT? Stay up to date on the rules and regulations.

The FDOT released it's updated version of Standard Specifications for Road and Bridge Construction 2015. Download it for free at:

<http://www.dot.state.fl.us/specificationoffice/Implemented/SpecBooks/2015/2015BK.shtm>

SUNSHINE SAFETY COUNCIL IS YOUR LOCAL RESOURCE FOR FDOT APPROVED INTERMEDIATE MOT TRAINING! (PROVIDER #125)



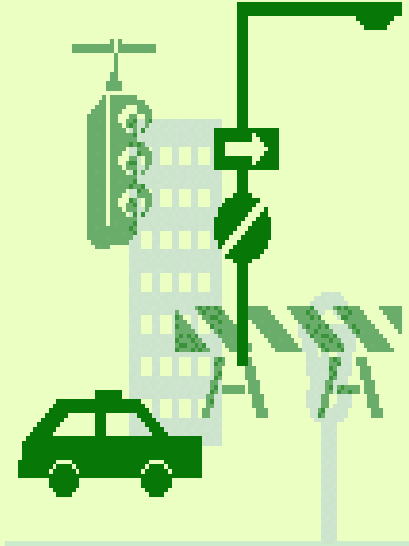
Coming in 2015

- **Advanced Maintenance of Traffic**

With the addition of Advanced Maintenance of Traffic to our course catalog there is no need to go anywhere else for your MOT training. We've got you covered from start to finish.

- **Forklift Train-the Trainer (January 15, 2015)**

Keep your job site and your employees knowledgeable and safe with a Forklift trainer on staff to instruct all new employees and recertify your existing employees.



**ADVANCED MOT COMING
SOON!**



Send us your thoughts and ideas!

Would you be interested in ...

We know your needs change with the times and we never want to miss an opportunity to serve our clients. Recently, we have had more than one request for Fiber Optics Training and we are currently researching avenues we can pursue to add this to our course catalog. If this is an area you would be interested in let us know so we can add you to our list.

We at the Sunshine Safety Council want to meet your needs whenever possible. If there are courses you think we should be offering that we currently are not, let us know.

We want to hear from you!

We value our client's ideas and insights and we want to encourage you to contact us. If you have an idea you want to share, a helpful hint for other safety-minded individuals, want to have input into our newsletters, or just want to comment on something safety oriented let us know.

Call us at 386.253.6400 or 800.467.7327 x 114 or
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January 2015: Electrical Safety Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 HAPPY NEW YEAR!!	2	3
4 Free Member Video of the Week #2966 : Basic Electrical Safety	5	6	7	8 National Bubble Bath Day	9	10
11 Free Member Video of the Week #1591 : Electrical Safety Awareness for Non-Electricians	12	13 National Rubber Duck Day	14 OSHA Record-keeping IMOT Refresher	15 Forklift "Train the Trainer"	16	17 Pet First Aid
Utility Safety Boot Camp - Earn OSHA Training Cards & 3.1 CEU's						
18 Free Member Video of the Week #1353 : Electrical Safety Illustrated	19	20	21	22 First Aid/CPR	23	24
25 Free Member Video of the Week #2874 : NFPA Electrical Safety in the Workplace	26	27	28 National Fun @ Work Day	29	30	31
Traffic Signal LV2 Field and Renewal						

Courses Catalog

FIRST AID:

- FIRST AID/CPR
- PET FIRST AID/DISASTER RESPONSE

MOT:

- INTERMEDIATE MAINTENANCE OF TRAFFIC
- INTERMEDIATE MAINTENANCE OF TRAFFIC REFRESHER

IMSA:

- TRAFFIC SIGNALS I
- TRAFFIC SIGNALS II FIELD:
- TRAFFIC SIGNALS INSPECTOR I
- SIGNS & MARKINGS I

- SIGNS & MARKINGS II
- SIGNS & MARKINGS III

FORKLIFT:

- FORKLIFT OPERATORS FORMAL TRAINING
- FORKLIFT TRAIN-THE-TRAINER

OSHA TRAINING INSTITUTE:

- 511 - OCC. SAFETY & HEALTH STANDARDS FOR GENERAL INDUSTRY
- 501 - TRAINER COURSE IN OSHA STANDARDS FOR GENERAL INDUSTRY
- 2225 - RESPIRATORY PROTECTION
- 503 - UPDATE FOR GENERAL INDUS-

TRY OUTREACH TRAINERS

- 502 - UPDATE FOR CONSTRUCTION INDUSTRY OUTREACH TRAINERS
- 521 - OSHA GUIDE TO INDUSTRIAL HYGIENE
- OSHA 10 HR COURSE GENERAL INDUSTRY CONSTRUCTION
- HAZCOM 2012
- HAZWOPER
40 HR (HM40)
24 HR. (HM24)
8 HR. REFRESHER (HMR8)
HAZ. WASTE/EPA/DOT/RCRA
8 HR (HW8)

You MUST specify "Renewal" when registering for classes/Participants responsible to assure eligibility requirements are met.

A Special Thank You

We never know the impact our actions can have, what kind of ripple effect they may spread throughout our community. However, once in a while we are lucky enough to see the difference we make. Recently, we at the Safety Council were reminded by one of our students how lucky we as a business, and all of us as a community, are to have CJ Loveless as one of our First Aid/CPR instructors. The skills she imparts in the students in our classes are life changing. CJ's knowledge and dedication to her job are saving lives even when she isn't there. We want to take this time to acknowledge her excellence and remind all of you to thank her and people like her for their service.



A letter from a grateful student:

Dear CJ,

I wanted to write you this letter to be able to express myself as best as I can using the written word. I was fortunately able to participate in the First Responder courses that you have taught at my work, Bright House Networks. I have taken your class 3 times in recent years and I can say without a doubt that it has made an impact.

Monday September 13 my wife and I were witness to a motorcycle vs. red light running car. My body reacted without thought as I ran to the motorcycle victim. I was able to reach him in seconds after the collision. Just like our training I introduced myself and asked if I could help. I then took charge of the scene directing people to call 911, direct traffic, and take pictures. The victim was conscious and had few visible injuries, the most severe was a large cut to his head. I gave him a bandage that I had hastily brought and had him apply pressure. We talked while I kept him immobile and engaged so he was able to tell me where his wife was close by so I sent my wife to get her.

Once the police was on scene I stayed with him until relieved by EMT's and Rescue. I introduced myself as a trained first responder and gave them a quick assessment of his accident as they took over care. His wife arrived just as they were taking him away and I was able to calm and reassure her that he was going to be okay. My wife and I then took her to the hospital to be with him.

Your teaching truly did stick with me as I was able to react instinctively and perform the actions you taught us. It gives me a great sense of pride knowing that I was able to help and could do so effectively thanks to you.

THANK YOU VERY MUCH,

Richard Cook



Mission Statement

It is the mission of The Sunshine Safety Council, Inc. to promote an awareness and response to safety issues on the part of individuals, private and public organizations, and society. In order to achieve its mission, the Organization will engage in educational activities which result in increased awareness and behavioral response to unsafe conditions at home, at work, and in the community.